

# THE YEAR IN Cardiology

STATE OF THE ART AND  
FUTURE DIRECTIONS

**DUBAI** 20  
06-07 FEBRUARY 20  
CONRAD DUBAI HOTEL, UAE

Organised by TMA in collaboration  
with Angina Awareness Initiative



## THURSDAY, 6<sup>TH</sup> OF FEBRUARY 2020

### 15:00-15:30 Registration

### 15:30-16:15 Management of Diabetes

**Moderators:** (in alphabetical Order)

Abdulla Shehab, UAE

Wolfram Doehner, Germany

Giuseppe Rosano, UK

15:30-15:50 2019, a landmark year, evidence of latest trials

**Abdulla Shehab**

**UAE**

15:50-16:10 Controversy: SGLT2 inhibitors for everyone? All the same? As first line therapy?

**Giuseppe Rosano**

**UK**

16:10-16:15 Discussion

### 16:15-17:15 Heart Failure - Part I

**Moderators:** (in alphabetical Order)

Mohamed Magdy, UAE

Wolfram Doehner, Germany

16:15-16:35 2019 Clinical Practice Update – HFA Consensus Paper

**Giuseppe Rosano**

**UK**

16:35-16:55 Sacubitril/Valsartan in heart failure: latest evidence and place in therapy

**Feras Bader**

**UAE**

16:55-17:15 Discussion

### 17:15-17:45 Coffee Break

### 17:45-18:45 Heart Failure - Part II

**Moderators:** (in alphabetical Order)

Abdullah Shehab, UAE

Feras Bader, UAE

17:45-18:05 Improving patients with heart failure: treating iron deficiency

**Wolfram Doehner**

**Germany**

18:05-18:25 Enablement of RAASi using potassium binders – the available evidence

**Giuseppe Rosano**

**UK**

18:25-18:45 Discussion: time to change the treatment paradigm of hyperkalaemia to enable or optimize RAASi therapy?

### 18:45-19:45 Atrial Fibrillation Pro&Con discussion

**Moderators:** (in alphabetical Order)

Giuseppe Rosano, UK

Hani Sabbour, UAE

18:45-19:05 What is the new frontier in the management of Atrial Fibrillation?

**Mohamed Magdy**

**UAE**

19:05-19:25 Patient- physician communication: the new frontier in AFib?

**Wolfram Doehner**

**Germany**

19:25-19:45 Discussion

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## FRIDAY, 7<sup>TH</sup> OF February 2020

### 9:30-10:30 Cardiovascular Prevention - Part I

**Moderators:** (in alphabetical Order)

Abdullah Shehab, UAE

Omar Hallak, UAE

- 09:30-09:45 What to treat: LDL-Cholesterol or Inflammation?  
**Walid Kadro** UAE
- 09:45-10:00 Residual risk reduction: the urgency of LDL-C hyper cholesterol management  
**Giuseppe Rosano** UK
- 10:00-10:15 Lifestyle modifications  
**Giuseppe Rosano** UK
- 10:15-10:30 Discussion : Implications in clinical practice

### 10:30-11:45 Cardiovascular prevention - Part II

**Moderators:** (in alphabetical Order)

Giuseppe Rosano, UK

Hani Sabbour, UAE

- 10:30-10:45 Identification and treatment of high risk patients: the new EAS/ESC guidelines  
**Giuseppe Rosano** UK
- 10:45-11:00 Lipid lowering therapy optimization  
**Sherif Bakir** UAE
- 11:00-11:15 When to start PCSK9i treatment  
**Hani Sabbour** UAE
- 11:15-11:30 Lipid management: primary and secondary prevention  
**Giuseppe Rosano** UK
- 11:30-11:45 Discussion: Implications in clinical practice

### 11:45-13:00 Friday Prayer & Coffee Break

### 13:00-14:30 Angina Awareness Initiative

**Moderators:** (in alphabetical Order)

Sherif Bakir, UAE

Wolfram Doehner, Germany

- 13:00-13:20 Angina: recognition, diagnosis, risk factors  
**Giuseppe Rosano** UK
- 13:20-13:40 Treatment algorithms and Guidelines  
**Hani Sabbour** UAE
- 13:40-14:00 Implementation and regional initiatives of the Angina Awareness Initiative  
**Giuseppe Rosano** UK
- 14:00-14:15 Discussion: how to improve patient awareness?

### 14:15-14:30 Take-home Messages and Conclusion